



TEDx Speaker / Elite Performance Coach / The European Columnist / Mindset Expert / Bestselling Author

Dr. Simpson has been a practicing physician for nearly 40 years, and a Fellow of the Royal Society of Medicine. He holds an MBA from Brunel University and has appeared on the same speaker billings as some of the top names in mind coaching and hypnotherapy, including Paul McKenna, Richard Bandler and Dr. Ron Ruden.

Stephen was Regional Medical Director for American multinational energy corporation Chevron for more than 17 years, rising to board level for both the Eurasia, and Southern Africa Business Units, including serving as HR Manager, and on occasions HR Director. During these years he was also the victim of capture, armed conflict, malaria, dengue, tumbu fly, and dysentery.

Additionally Stephen served as a task force member on both the World Economic Forum and Global Business Coalition. He worked alongside some of the world's leading change agents, including President Bill Clinton, Microsoft founder Bill Gates, Secretary-General of the United Nations Kofi Annan and Virgin founder Sir Richard Branson.

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Dr. Stephen Simpson

Dr. Stephen Simpson is an internationally acclaimed mind coach, hypnotherapist, TV & radio presenter, TEDx speaker, bestselling author, business consultant, and Fellow of the Royal Society of Medicine.

Dr. Simpson has appeared on TEDx, BBC, ITV, Sky, Voice of America, BRMB, LBC, RNIB Connect, Poker Go and other top international TV and radio programmes, as well as in the pages of The European, Sunday People, Glamour, Golfing World, The Best You Magazine, WPT Poker, Business Matters, Reader's Digest and more, sharing his simple, innovative methods for building luck, and igniting peak performance.

Dr. Simpson's inspirational approach integrates neuroscience, NLP, and hypnosis to achieve lasting shifts in performance and mindset. His clients credit him with helping them win millions, transform careers, and rediscover purpose.

Blending neuroscience, psychology, and real-world experience, Dr Simpson's talks are engaging, inspiring, and immediately actionable—perfect for audiences seeking practical ways to boost performance, sharpen decision-making, and thrive in uncertain times.

Beyond the realm of medicine, Steve is a passionate advocate for personal transformation. Through his engaging lectures and workshops, he equips individuals with the tools and mindset to achieve their goals, overcome limiting beliefs, and reach new heights of success.

Whether your event is focused on leadership, peak performance, resilience, or mental mastery, Dr Simpson delivers content that transforms how people think—and perform.

[Learn more](#) and inquire now to book him as a speaker for your event, course or team building workshop.



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